



# Has alcohol or drugs affected you or someone you know?

- ▶ Many of us have family or friends that have struggled with alcohol or drug use. Maybe this person is in recovery, or maybe they aren't. Maybe this person is you.
- ▶ Tell us the story of how alcohol or drugs have affected you, your family, or your community. What have you learned from the experience? How has it made you a stronger person? What plans do you have for the future as a result of your experience?
- ▶ **Make a short film up to 5 minutes long to share your message.**

*\*Please avoid using the words "addiction" and "abuse"; instead use "dependency," "substance use," and "Substance Use Disorder."*

**For helpful info and resources visit  
[DrugFreeHawaii.org](http://DrugFreeHawaii.org) and [HawaiiOpioid.org](http://HawaiiOpioid.org)**