Hawai‘i Public Health Institute and the Coalition for a Tobacco Free Hawai‘i are the proud sponsors of the ‘NO VAPE’ category for Ōlelo’s 2018 Youth Xchange Video Competition.

Vaping and e-cigarettes are harmful to the health of teenagers. Too many teens are not aware of the risks and that is why vaping is becoming more and more popular among middle school and high school youth.

Major reasons vaping is dangerous for youth include:

- Nicotine Addiction
- Flavored Chemicals
- Nicotine Poisoning
- Ultratine Particles
- Heavy Metals
- Volatile Organic Compounds
- Cardio-Vascular Disease

‘NO VAPE’ is the name of this category but we invite you to think up your own unique vape-free lifestyles message. We are looking for creative and innovative videos to educate and raise awareness about the harmful effects of vaping and using e-cigarettes. We want messages that will help youth say “NO” to vaping.

All entries must be uploaded to ‘Ōlelo’s OmniContest site by 11:59 p.m. HST on Wednesday, February 28, 2018

Follow us on Facebook: YXCE3 or Visit www.olelo.org/yxc for contest updates.