

Youth Xchange 2018 Sponsored Category:



Fight the Bite

Prevent • Prepare • Protect

One of Hawaii's smallest pests is one of our state's biggest health threats: **mosquitoes!**

Mosquitoes can carry viruses that cause serious illnesses.

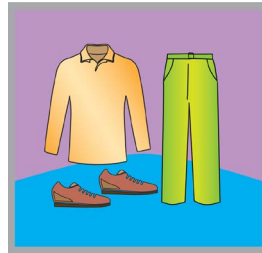
Zika, dengue, and **chikungunya** are spread by the bites of infected mosquitoes.

The Hawaii Department of Health (DOH) wants **YOUR** help. Use your creativity to develop a PSA that explains what people can do to protect themselves and their families from mosquito bites and prevent mosquito breeding areas around their homes and communities.

Some ideas for PSAs:



Apply EPA-registered insect repellent with 20-30% DEET



Wear light-colored protective clothing



Avoid areas with mosquitoes, such as shady, damp locations



Get rid of standing water in buckets, puddles, and bins

Other ideas may include:

- Fix leaky faucets and hoses dripping water
- Flush out leafy plants that hold water
- Clean out gutters so water can run freely
- Clean up trash around your home
- Dispose of old tires
- Repair screens and windows

For more ideas and information, visit the Fight the Bite website at www.FightTheBiteHawaii.com or DOH's Disease Outbreak and Control Division's page at <http://health.hawaii.gov/docd/prevention/mosquito-bite-prevention>.

All entries must be uploaded to 'Ōlelo's OmniContest site by 11:59 p.m. HST on **Wednesday, February 28, 2018**



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