Youth Xchange 2018 Sponsored Category:

**Fight the Bite**

Prevent • Prepare • Protect

One of Hawaii’s smallest pests is one of our state’s biggest health threats: *mosquitoes*!

Mosquitoes can carry viruses that cause serious illnesses. **Zika**, **dengue**, and **chikungunya** are spread by the bites of infected mosquitoes.

The Hawaii Department of Health (DOH) wants YOUR help. Use your creativity to develop a PSA that explains what people can do to protect themselves and their families from mosquito bites and prevent mosquito breeding areas around their homes and communities.

**Some ideas for PSAs:**

Apply EPA-registered insect repellent with 20-30\% DEET

Wear light-colored protective clothing

Avoid areas with mosquitoes, such as shady, damp locations

Get rid of standing water in buckets, puddles, and bins

Other ideas may include:

- Fix leaky faucets and hoses dripping water
- Flush out leafy plants that hold water
- Clean out gutters so water can run freely
- Clean up trash around your home
- Dispose of old tires
- Repair screens and windows


All entries must be uploaded to ʻŌlelo’s OmniContest site by 11:59 p.m. HST on **Wednesday, February 28, 2018**

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