



Checklist to Submit Your Program to ‘Ōlelo!

Audio	Average around -12dB, should not exceed -6dB
Video	Should not exceed 100 IRE (Apply Broadcast Safe in FCPX if over)
Video	Video Black should be onscreen for no longer than 10 seconds.
Endslate	Necessary if longer than 2 minutes 10 seconds, easy-to-read point size with minimally: Producer’s Name, Phone Number OR Address
File Specifications	HD - 1920x1080p (Progressive) Codec – H.264 Extension/Wrapper - .MP4 or .MOV Frame Rate - 29.97
Filename	Sample: SP 12345 My Fifth Show 2830 SE 12345 Episode Title 2745 7-30 (premiere date) SE - Series SP - Special ST - Short Take (Under 15 minutes) PS - PSA PR - Promo Follow with ‘Ōlelo Project number and TRT. <i>For series programs or specials with advanced airdates, please add the Premiere Date.</i>
Media Info Label	Complete a Media Info Label for each submission.
Staff	For those editing at an ‘Ōlelo CMC, please ask a staff member to check your FCPX timeline prior to export.
Mahalo	Mahalo for your efforts in creating programming for our community!