

Youth Xchange 2018 Sponsored Category:

START. LIVING. HEALTHY.

Get active! Create a video to promote:

ACTIVE TRANSPORTATION to SCHOOL!



What is **active transportation**?

- Walking
 - Biking
 - Skating
 - Rolling (wheelchairs too!)
- Show how active transportation to school can be **FUN, SAFE, and EASY** to do!
 - Show the benefits of active transportation to school for
 - **Your health!**
 - **The environment!**
 - **Your community!**

For more info, including media resources & examples, visit:

<http://www.saferoutesinfo.org/>

<http://hidot.hawaii.gov/highways/srts/>

http://hhdw.org/wp-content/uploads/YRBS_HealthyLifestyles_IND_00021.pdf



For questions, contact:

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All entries must be uploaded to 'Ōlelo's OmniContest site by
11:59 p.m. HST on **Wednesday, February 28, 2018**



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