

SPEAK

Together

Building Community

"Our show, *Post Polio & Me*, is about bringing folks together and saying, 'You know what? We all share this condition.' We're not only speaking to those who have post polio syndrome, but to their families and caregivers as well. 'Ōlelo has helped us reach so many people since we began airing the show in 2003. In addition to our regular taped shows, we've done live shows. People call in, and some of them tell us, 'We didn't get to talk to you because the line was so busy.' I just feel blessed to have the strength to continue doing this show. It's not about me; it's about using my intuition and the gifts that I have to bring those with disabilities to the forefront so people can understand.

A major part of it is living within your abilities and not thinking of yourself as having a disability. I hope our show will continue to give others that sense of wellness."

Shirley Sypert
Executive Producer
Post Polio & Me

“Our show, ‘Post Polio & Me,’ is about bringing folks together and saying, ‘You know what? We all share this condition.’”